



## FAQ's

### How do I register?

Register here and you will automatically be asked to set up a fundraising page  
<https://rmhc.enthuse.com/cf/swim-the-sea>

### Do I have to fundraise online?

No, you can also fundraise offline. We have sponsorship cards for those who prefer a traditional fundraising method. Please, do get in touch with us we will help you achieve your fundraising target offline.

### Do you have any fundraising tips?

- Tell a story and if you feel you don't have one tell ours – 20 families every night from all over Ireland needing to be close to a child receiving life saving treatment at CHI, Crumlin.
- Place your fundraising link into work signatures or even signatures on home and personal accounts... you never know who may be inspired!
- Share on your social media
- Take funny photos of you walking along the coast and after the event share your experience so you can have one last drive of reaching your target.

### How can I return my donations?

Once the challenge is done and you are finished fundraising, make sure to send all the funds in to us as quickly as possible! If you have fundraised online there is nothing you need to do the funds go directly in to our bank account.

If you have fundraised offline, send us the funds by cheque to:

**Ronald McDonald House, Children's Health Ireland (CHI) Crumlin, Dublin 12**

or you can donate on our website:

Donate - Ronald McDonald House Charities Ireland ([rmhc.ie](http://rmhc.ie)).

Here you will also find our bank details for direct deposit – be sure to mark it '**Swim in the Sea**'

### What happens if I want to participate but don't live near the sea?

An Irish person is no more than 180kms from the sea. Could you create a family day to challenge yourself. While we want everybody to have fun we ask you to exercise caution about where you enter the sea. Choosing popular open sea swimming areas and perhaps checking out local media to see if there are organised Santa swims/polar dips taking place is the safest way to complete this fundraiser.

## Thank You